



FEDERAȚIA ROMÂNĂ DE TAEKWON-DO I.T.F.

PERSOANĂ JURIDICĂ DE DREPT PRIVAT, DE UTILITATE PUBLICĂ

Adresa Loc. Călan, str. Braduții, bl. 15, sc. A, ap. 12, jud. Hunedoara
Cod Fiscal 13295884
C.I.S. 0001867
Cont RON RO37 RNCB 0106 0266 0838 0004
Cont EURO RO91 RNCB 0106 0266 0838 0002
E-mail president@taekwondo-itf.ro, secretary@taekwondo-itf.ro
Telefon +40 766 800 330
Web www.taekwondo-itf.ro



Towards,

THE CLUBS MEMBER OF
THE ROMANIAN TAEKWON-DO I.T.F. FEDERATION
AND ALL I.T.F. RECOGNIZED CLUBS FROM OUTSIDE ROMANIA

INVITATION

The Romanian Federation of Taekwon-do I.T.F. and The Tae-Kyon Oradea Sports Club have the pleasure and the honor to invite you to participate at the “**3rd Mightyfist International General Choi Memorial Cup**” for juniors III, II, I and seniors, on 20-22 June 2019, in Romania-Oradea, Bihor County.

The Organizing Committee works hard to give you the best contest conditions and it is eagerly looking forward to welcome a greater number of athletes at this sporting event in Romania.

Yours sincerely,

President,

Cosmin Oprescu



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3RD MIGHTYFIST INTERNATIONAL GEN. CHOI MEMORIAL CUP JUNIORS III, II, I and SENIORS, 20 - 22 of June 2019, Oradea, Romania

A. GENERAL INFORMATION

1. CO-SPONSORS



MINISTERUL
TINERETULUI ȘI
SPORTULUI

The Ministry of Youth and Sports

www.mts.gov.ro

2. ORGANIZERS



The Romanian Taekwon-do I.T.F. Federation

Bradului street, 15-A-12
Călan, Hunedoara County
Tel: +40 766 800 330
Email: secretary@taekwondo-itf.ro



The TAE-KYON Oradea Sports Club

11 Salcânilor street, bl. PB 147, ap. 18
Oradea, Bihor County
Tel. +40 744 538 239, +40 770 815 705
Email: taekyon_ro@yahoo.com, alexandru_sas74@yahoo.com

3. DATE

20 - 22 of June, 2019

4. PLACE

The Sports Hall "ARENA ANTONIO ALEXE" Oradea
Alexandru Cazaban street. Oradea

B. RULES

1. PARTICIPANTS

The Sport Structures with C.I.S. issued by M.Y.S., affiliated to the Romanian Taekwon-do I.T.F. Federation, which paid the taxes and fees for the year 2019, as well as sporting clubs from outside Romania, which are recognized by I.T.F. Benidorm, Spain.

Only legitimated athletes and degree awarded by the Romanian Federation of Taekwon-do ITF, as well as foreign athletes, unlimited number of athletes / category / club can participate.

To avoid any doubt regarding the degrees / grades, we ask the heads of delegation to contact the Head of Registration Committee, Mr. Cristian Popa, at secretary@taekwondo-itf.ro or by Facebook (<https://www.facebook.com/cristianpopa.ro>)

The minimum Grade admitted:

- Junior III, II, I and Senior: 9 GUP (white belt with yellow stripe)

2. COMPETITION DIVISIONS

JUNIORS III-II:

- **Individual Pattern (M/F):**
 - -6 years, -8 years: only one group
 - -10 years, -12 years, -14 years: two groups
 - 9-6 GUP
 - 5-1 GUP
- **Team Pattern (M/F);**
- **Individual Sparring (M/F):**
 - -8 years: -24 kg, +24 kg
 - -10 years: -30 kg, -35 kg, -40 kg, -45 kg, +45 kg
 - -12 years: -30 kg, -35 kg, -40 kg, -45 kg, - 50 kg, +50 kg
 - -14 years: -35 kg, -40 kg, -45 kg, -50 kg, -55 kg, +55 kg

Note: In case of less than 4 competitors per category, the smaller category will be merged with the higher.

- **Special Techniques:**
 - Twimyo nopi yop cha jirugi (-8 years and -10 years)
 - Twimyo nopi chagi, twimyo Nopi Yop Chagi and Twimyo Dollyo chagi (- 12 years)
 - All divisions from juniors I / seniors to (-14 years)
- **Power breaking (dynamometer):**
 - M/F: -8 years, -10 years, -12 years, -14 years: Sonkal taerigi and dollyo chagi

JUNIORS I:

Juniors II over 13 years old and less than 13 and 6 months are allowed in patterns and special techniques but are not allowed in sparring and power breaking (individual and teams).

Juniors II over 13 years and 6 months old are allowed in individual and team sparring.

- Individual Patterns male and female: colored belts, I Dan, II Dan, III Dan;
- Team Patterns male and female (minimum 5 juniors);
- Male Individual Sparring: -50 kg; -56 kg; -62 kg; -68 kg; -75 kg; + 75 kg;
- Female Individual Sparring: -45 kg; -50 kg; -55 kg; -60 kg; -65 kg; + 65 kg;
- Male and female Team Sparring (minimum 3 juniors);
- Individual Power breaking male and female;

- Team Power breaking (minimum 3 juniors);
- Individual Special Techniques male and female;
- Team Special Technics male and female (minimum 3 juniors);
- Traditional (pre-arranged) Sparring: the team can be mixed, only juniors. No fee is charged for this category.

SENIORS:

- Individual Patterns male and female: colored belts, I Dan, II Dan, III Dan, IV-VI Dan
- Team Patterns male and female (minimum 5 seniors);
- Male Individual Sparring: -57 kg; -63 kg; -70 kg; -78 kg; -85 kg; +85 kg;
- Female Individual Sparring: -50 kg; -56 kg; -62 kg; -68 kg; -75 kg; +75 kg;
- Male and female Team Sparring (minimum 3 seniors);
- Individual Power breaking male and female;
- Team Power breaking (minim 3 seniors);
- Individual Special Techniques male and female;
- Team Special Techniques male and female (minim 3 seniors);
- Traditional (pre-arranged) Sparring: the team can be mixed, only seniors. No fee is charged for this category.
- **“OLD-BOYS” individual sparring (over 35 years old), 2 categories: -75 kg; +75 kg (in case of less than 3 athletes / category, the 2 categories may be merged).**

MALE SPECIAL TECHNIQUES

	JUNIOR	SENIOR
TWIMYO NOPI AP CHA BUSIGI	250 cm	260 cm
TWIMYO DOLLYO CHAGI	230 cm	240 cm
TWIMYO BANDAE DOLLYO CHAGI	210 cm	220 cm
TWIMYO DOLMYO YOP CHA JIRUGI	210 cm	220 cm
TWIMYO NOPI YOP CHA JIRUGI	130 cm	140 cm

FEMALE SPECIAL TECHNIQUES

	JUNIOR	SENIOR
TWIMYO NOPI AP CHA BUSIGI	210 cm	220 cm
TWIMYO DOLLYO CHAGI	200 cm	210 cm
TWIMYO NOPI YOP CHA JIRUGI	110 cm	120 cm

MALE POWER BREAKING

	JUNIOR	SENIOR
AP-JOOMUK JIRUGI	1	2
SONKAL TAERIGI	2	2
YOP CHA JIRUGI	2	3
DOLLYO CHAGI	2	2
BANDAE DOLLYO CHAGI	1	2

FEMALE POWER BREAKING

	JUNIOR	SENIOR
SONKAL TAERIGI	1	1
YOP CHA JIRUGI	2	2
DOLLYO CHAGI	1	2

3. THE SPORTSMEN EQUIPMENT

- The official equipment is the one approved by FRTKD ITF, A.E.T.F and I.T.F.
- The equipment of each sportsman will be verified at ring by an undersigned umpire.

- The competitors will have access in the competition area, dressed in the color of the corner, accompanied by an instructor or coach, with 2 minutes before the game starts, according the competition draws.

4. APPEALS

They are based on the Arbitration Rules. In case of appeal, the coach must provide money and fill out the appeal form at the table of the Jury President, within 5 minutes after the meeting in question.

5. THE SCALE

The weighing of the athletes will be given at the registration on **Thursday, June 20, 2019**, from **15.00 to 19.00**, at **Hotel Continental Forum Oradea**.

AT THE SCALE IS NOT PERMITTED TO EXCEED THE MAXIMUM OF THE CATEGORY!

At the scale the athletes will come with dobok pants and t-shirt (totalizing 0.500 kg, which will be deducted).

The athletes that exceed the weight limit have 1 hour from the first official scale to confirm the category. If at the second official scale the athletes do not fit in the category in which they were enrolled, they will be withdrawn from their category without changing the grid competition or climb to a higher category and without recovery of the paid fee.

C. ENROLLMENT

1. THE DELEGATION COMPONENT

Each delegation can be formed of:

- 1 head of delegation
- at least 1 coach / instructor (or more)
- at least 1 accredited umpire (or more)
- competitors

2. ACCREDITED CLUBS FOR PARTICIPATION

The Registration will be on **Thursday, June 20, 2019 from 15.00 to 19.00** at **Hotel Continental Forum Oradea**. This will be done by 1 coach / instructor from the club. The coach / instructor will check the registration forms submitted until June 15, 2019 by email, at secretary@taekwondo-itf.ro and will pay the fees for the contest.

The enrollment forms are available to be downloaded from <https://www.taekwondo-itf.ro>.

It is mandatory that all delegation members to have sports medical insurance valid for the whole competition period. The head of delegation must write and sign a declaration of responsibility upon registration.

Any clarification will be settled with the Head of Registration Committee, Mr. Cristian Popa.

Note:

- **The heads of the delegations are required to present the Incidents Responsibility Table.**
- **For coach or instructor positions, persons who do not have this qualification cannot be enrolled.**

3. DEADLINE

The last day for the enrollment forms of the **umpires** is: **1 June 2019**.

The last day for the enrollment forms of the **delegation** is: **15 June 2019**.

The enrollment forms will be sent, in the Excel format, no later than 15 June 2019, 21.00 at secretary@taekwondo-itf.ro.

Modifications:

- any modification of the grid is allowed (updates or withdrawals - addition excluded) between 16/06 0h00 - 17/06 15h00 when the coaches will verify the PDF lists sent on email by Mr. Cristian Popa.

- After the drawing session (17/06, 22h00 RO), no other modification is accepted, with no exception.
- In case of withdrawals after this time, the corresponding participation fee must be paid anyway.

The drawing session will be made electronically by Mr. Cristian Popa - Head of Registration Committee, online, by screen sharing (an online meeting link will be provided before the session for whomever wants to attend) and it will take no longer than 15 min.

4. PARTICIPATION FEES

- Participation fee for **pattern and/or sparring: 15 € / competitor** (paid in Euro).
- Participation fee for **individual special techniques and/or power breaking: 5 € / competitor** (paid in Euro).
- Participation fee for **team: 10 € / team** (for all team events), for each team – **juniors III, II, I, seniors, (M/F)**
- Umpire fee: without umpire - 75 € / club, clubs with 1 umpire - 50 € / club and clubs with 2 (or more) umpires - 30 € / club.
- Fee for being late for the registration (19.00): 25 €.
- The participating Clubs must assure: **1 umpire (or more) / club** for the clubs that have in between 3 to 10 competitors, **2 (or more) umpires** for the clubs that have in between 11 until 20 competitors and **3 (or more) umpires** for the clubs that have more than 20 competitors.

5. UMPIRES

- The accommodation of **1 umpire / club** (with up to 10 competitors), **2 umpires / club** (with up to 20 competitors), **3 umpires / club** (more than 20 competitors) is sponsored by the organizer.
- The accommodation will be at **Hotel Continental Forum Oradea****, from Thursday 20 June 2019 at 14h00 until Sunday 23 June 2019, at 12h00.**
- The clubs will book the accommodation for the aforementioned umpires by sending a centralizing table to the organizer, Mr. Alexandru Sas, at alexandru_sas74@yahoo.com. The clubs whose umpires are not staying at the provided accommodation and do not announce the organizer until June 1st, 2019 will be responsible for their own expenses. At lunchtime, the organizing committee provides lunch for all the umpires, officials.
- The umpires are required to participate in Umpire meeting - Thursday, 20.06.2019, 19:30, at the Hotel Continental Forum Oradea. Those who are not present at the Umpire meeting will be excluded from the list of umpires and the fee will not be returned to the clubs.
- The umpires attire is according to ITF rules. Those who do not have appropriate attire will be excluded, losing their umpire benefits. The accepted umpires are those on the list of accredited umpires and validated by the Romanian Federation of Taekwon-Do ITF, updated in 2019, after the National Seminar held in Sibiu, January 2019. The behavior of the umpires, the performance and their remuneration will be observed by the Director of Umpire Committee, Mr. Ciprian Banea - 5th Dan, international ITF A class umpire.
- The umpires willing to be referees (accredited for 2019) which do not comply with art. 5a will not benefit of the accommodation but will however receive free lunch.
- In case the number of enrolled umpires is exceeding the maximum required limit, the selection will be made by the Director of Umpire Committee, Mr. Ciprian Banea and the accepted list will be communicated on 05.06.2019.**

Note: clubs are not allowed to borrow umpires from other clubs / countries.

6. COACHES

The coaches must be dressed in sports clothes, sports shoes and must carry a towel.

Only one person (coach / trainer) is allowed to accompany the competitor to the ring. The coaches will appoint another instructor to go with the competitor if 2 or more athletes from the same club are simultaneously involved in the competition.

A coach / instructor / club are obliged to attend the technical meeting in the night of the entry in the contest. If he is late or cannot fit in the schedule imposed in the invitation, he will be penalized with the amount of 100 Ron club.

D. OTHERS

1. REWARDS

The rewards for each weight category and gender, as follows:

- Winners will be awarded with diplomas and medals for 1st, 2nd and two 3rd places;
- Trophies will be awarded for the overall classifications to: children (jun II and III), juniors and seniors
- Choi Cup trophy will be awarded to the best overall club
- plaques for umpires.
- Athletes participating in the categories with less than 4 competitors, will be awarded with diplomas and medals, but will not be scored in the final standings.

2. DOPING CONTROL

The Romanian Taekwon-do ITF Federation requires all coaches to submit competitors to doping control as requested by ANAD. In case of positive detection, the athlete or club who is legitimated will be forced to bear the cost of medical investigations. If the athlete tested results positive in doping control, will be discussed at the Disciplinary Committee and sanctioned in accordance with the statute and internal regulations and international laws relating to doping.

3. ACCOMMODATION

Every delegation is responsible for the accommodation, by their preference.

4. OFFICIALS ACCOMMODATION: HOTEL CONTINENTAL FORUM ORADEA ****

Besides officials, at the Hotel Continental Forum Oradea will be accommodated the umpires complying the art. 5a.

E. SCHEDULE

THURSDAY – 20 JUNE 2019

- 15.00 – Press conference
- 15.00 – 19.00 – Registration - Hotel Continental Forum Oradea
- 19.30 – 20.30 - Umpires Meeting - Hotel Continental Forum Oradea
- 20.30 – 21.30 – Coaches Meeting - Hotel Continental Forum Oradea

FRIDAY - 21 JUNE 2019

- 08.00 – 08.15 – Arrival at the Sports Hall
- 08.30 – 13.00 – Competition, awarding ceremonies
- 13.00 – 14.45 – Lunch break
- 15,00 – 19.00 - Competition, awarding ceremonies
- 19.00 – 19.30 – Official ceremony
- 19.30 – 21.45 – **Galas - Finals (pattern and sparring)**

SATURDAY - 22 JUNE 2019

- 08.00 – 08.15 – Arrival at Sports Hall
- 08.30 – 13.00 – Competition, awarding ceremonies
- 13.00 – 14.45 – Lunch break
- 15,00 – 19.00 - Competition, awarding ceremonies
- 19.00- - Closing of the event.

Note: the schedule may be updated, depending on the total number of enrolled competitors. The final version will be announced at the Coaches Meeting.

Foreign guests who wish to make a 5-8 min demonstration may contact personally the organizer by email.

Romanian Taekwon-do ITF Federation:

Mr. Cosmin Oprescu,
President

Organizer:

Mr. Alexandru Sas,
President of CS TAE-KYON Oradea

