

# Taekwon-do I.T.F. Open Balkan Cup, Sibiu, Romania, 17-20 Nov 2022 - 2022-11-18

	Ring 1	Ring 2	Ring 3	Ring 4			
09:00	<b>INDIVIDUAL FEMALE PATTERN</b> <b>Seniors Black Belts 1 Dan (4)</b> 09:00 - 09:15		<b>INDIVIDUAL FEMALE SPARRING</b> <b>Juniors I 8-3 Gup -45 KG (2)</b>				
09:05							
09:10			<b>INDIVIDUAL FEMALE SPARRING</b> <b>Juniors I 8-3 Gup -55 KG (4)</b> 09:05 - 09:25				
09:15	<b>INDIVIDUAL FEMALE PATTERN</b> <b>Seniors Colored Belts (3)</b> 09:15 - 09:25						
09:20							
09:25	<b>INDIVIDUAL MALE PATTERN</b> <b>Seniors Black Belts 3 Dan (4)</b> 09:25 - 09:40	<b>INDIVIDUAL FEMALE SPARRING</b> <b>Seniors 8-3 Gup -62 KG (2)</b>					
09:30		<b>INDIVIDUAL FEMALE SPARRING</b> <b>Seniors +2 Gup -50 KG (2)</b>					
09:35		<b>INDIVIDUAL MALE SPARRING</b> <b>Seniors 8-3 Gup -70 KG (2)</b>	<b>INDIVIDUAL FEMALE SPARRING</b> <b>Juniors I +2 Gup -50 KG (4)</b> 09:35 - 09:55	<b>INDIVIDUAL FEMALE SPECIAL TECHNIQUES Seniors (3)</b> 09:35 - 09:50			
09:40	<b>INDIVIDUAL MALE PATTERN</b> <b>Seniors Black Belts 1 Dan (5)</b> 09:40 - 09:55	<b>INDIVIDUAL MALE SPARRING</b> <b>Seniors +2 Gup -70 KG (5)</b> 09:40 - 10:05					
09:45							
09:50	<b>INDIVIDUAL MALE PATTERN</b> <b>Seniors Colored Belts (5)</b> 09:55 - 10:10			<b>INDIVIDUAL FEMALE POWER BREAKING Seniors (2)</b> 09:55 - 10:05			
09:55							
10:00							
10:05							
10:10							
10:15	<b>INDIVIDUAL MALE PATTERN</b> <b>Juniors I Black Belts 2 Dan (2)</b>	<b>INDIVIDUAL MALE SPARRING</b> <b>Seniors +2 Gup -78 KG (2)</b>		<b>INDIVIDUAL MALE SPECIAL TECHNIQUES Seniors (4)</b> 10:10 - 10:30			
10:20	<b>INDIVIDUAL MALE PATTERN</b> <b>Juniors I Black Belts 1 Dan (21)</b> 10:20 - 11:40		<b>INDIVIDUAL FEMALE SPARRING</b> <b>Juniors I +2 Gup -55 KG (10)</b> 10:25 - 11:20				
10:25							
10:30				<b>INDIVIDUAL MALE SPARRING Seniors OLD-BOYS +35 YEARS -75 KG (2)</b>			
10:35				<b>INDIVIDUAL MALE SPARRING Seniors OLD-BOYS +35 YEARS +75 KG (3)</b> 10:35 - 10:50		<b>INDIVIDUAL MALE POWER BREAKING Seniors (4)</b> 10:35 - 10:55	
10:40							
10:45							
10:50							
10:55				<b>INDIVIDUAL FEMALE SPARRING Juniors I +2 Gup -60 KG (5)</b> 10:55 - 11:20			
11:00							
11:05							
11:10							
11:15							
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11:25							
11:30							
11:35		<b>INDIVIDUAL FEMALE SPARRING Juniors I +2 Gup -65 KG (6)</b> 11:30 - 12:00	<b>INDIVIDUAL FEMALE SPARRING Juniors I +2 Gup +65 KG (6)</b> 11:30 - 12:00				
11:40	<b>INDIVIDUAL MALE PATTERN</b> <b>Juniors I Colored Belts (35)</b> 11:45 - 14:00						
11:45							
11:50							
11:55							
12:00							
12:05							
12:10			<b>INDIVIDUAL MALE SPARRING Juniors I +2 Gup -50 KG (4)</b> 12:05 - 12:25				
12:15				<b>INDIVIDUAL MALE SPARRING Juniors I +2 Gup -56 KG (8)</b> 12:05 - 12:50	<b>Open Ring - Special Techniques &amp; Power Breaking Juniors I</b> 11:00 - 13:55 (02:55)		
12:20							
12:25							
12:30							
12:35							
12:40							
12:45							
12:50		<b>INDIVIDUAL MALE SPARRING Juniors I +2 Gup -62 KG (12)</b> 12:30 - 13:35					
12:55							
13:00							
13:05			<b>INDIVIDUAL MALE SPARRING Juniors I +2 Gup -68 KG (11)</b> 12:55 - 13:55				
13:10							
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13:55							
14:00	<b>Lunch Break</b> 14:00 - 15:00 (01:00)	<b>Lunch Break</b> 14:00 - 15:00 (01:00)	<b>Lunch Break</b> 14:00 - 15:00 (01:00)	<b>Lunch Break</b> 14:00 - 15:00 (01:00)			
14:05							
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	Ring 1	Ring 2	Ring 3	Ring 4			
14:45							
14:50							
14:55							
15:00	<b>INDIVIDUAL FEMALE PATTERN Juniors I Black Belts 2 Dan (2)</b>			<b>Open Ring - Special Techniques &amp; Power Breaking Juniors I</b> 15:00 - 19:00 (04:00)			
15:05	<b>INDIVIDUAL FEMALE PATTERN Juniors I Black Belts 1 Dan (15)</b> 15:05 - 16:00	<b>INDIVIDUAL MALE SPARRING Juniors I +2 Gup -75 KG (10)</b> 15:00 - 15:55	<b>INDIVIDUAL MALE SPARRING Juniors I +2 Gup +75 KG (6)</b> 15:00 - 15:30				
15:10							
15:15							
15:20							
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15:30							
15:35							
15:40			<b>INDIVIDUAL MALE SPARRING Juniors I 8-3 Gup +75 KG (4)</b> 15:35 - 15:55				
15:45							
15:50							
15:55							
16:00	<b>INDIVIDUAL FEMALE PATTERN Juniors I Colored Belts (29)</b> 16:00 - 17:55	<b>INDIVIDUAL MALE SPARRING Juniors I 8-3 Gup -50 KG (4)</b> 16:00 - 16:20	<b>INDIVIDUAL MALE SPARRING Juniors I 8-3 Gup -56 KG (6)</b> 16:00 - 16:30				
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16:35							
16:40			<b>INDIVIDUAL MALE SPARRING Juniors I 8-3 Gup -62 KG (6)</b> 16:25 - 16:55		<b>INDIVIDUAL MALE SPARRING Juniors I 8-3 Gup -68 KG (4)</b> 16:35 - 16:55		
16:45							
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17:05							
17:10							
17:15							
17:20		<b>INDIVIDUAL MALE SPARRING Juniors I 8-3 Gup -75 KG (7)</b> 17:00 - 17:35					
17:25							
17:30							
17:35							
17:40							
17:45							
17:50							
17:55			<b>TEAM MALE SPARRING Juniors I (10)</b> 17:00 - 19:00				
18:00	<b>Official Opening</b> 18:00 - 18:30 (00:30)	<b>TEAM FEMALE SPARRING Juniors I (5)</b> 18:00 - 19:00					
18:05							
18:10							
18:15							
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18:30							
18:35							
18:40	<b>PRE-ARRANGED SPARRING Juniors I (5)</b> 18:40 - 18:55						
18:45							
18:50							
18:55							
19:00	<b>Awarding Ceremony</b> 19:00 - 20:00 (01:00)	<b>Awarding Ceremony</b> 19:00 - 20:00 (01:00)	<b>Awarding Ceremony</b> 19:00 - 20:00 (01:00)	<b>Awarding Ceremony</b> 19:00 - 20:00 (01:00)			
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19:50							
19:55							

# Taekwon-do I.T.F. Open Balkan Cup, Sibiu, Romania, 17-20 Nov 2022 - 2022-11-19

	Ring 1	Ring 2	Ring 3	Ring 4
09:00	<b>INDIVIDUAL FEMALE PATTERN</b> Juniors III Colored Belts -6 years (4)	<b>INDIVIDUAL MALE PATTERN</b> Juniors III Colored Belts -6 years (3)		<b>Open Ring for Special Techniques, Power breaking, Speed Kick: -14 yrs, -6 yrs, -8 yrs, -10 yrs, -12 yrs</b> 09:00 - 13:10 (04:10)
09:05	09:00 - 09:10			
09:10	<b>INDIVIDUAL FEMALE PATTERN</b>	<b>INDIVIDUAL MALE PATTERN</b>		
09:15	Juniors III Colored Belts -8 years (6)	Juniors III Colored Belts -8 years (5)		
09:20	09:10 - 09:25	09:05 - 09:20		
09:25				
09:30	<b>INDIVIDUAL FEMALE</b>		<b>INDIVIDUAL FEMALE SPARRING</b>	
09:35	<b>PATTERN Juniors III Colored</b>		Juniors III -8 years -24 kg (3)	
09:40	Belts 8-5 Gup -10 years (11)	<b>INDIVIDUAL MALE PATTERN</b>	09:30 - 09:45	
09:45	09:25 - 09:55	Juniors III Colored Belts		
09:50		8-5 Gup -10 years (16)		
09:55	<b>INDIVIDUAL FEMALE</b>	09:20 - 10:05	<b>INDIVIDUAL FEMALE SPARRING</b>	
10:00	<b>PATTERN Juniors III Colored</b>		Juniors III -8 years +24 KG (5)	
10:05	Belts 4-1 Gup -10 years (3)		09:45 - 10:10	
10:10				
10:15	<b>INDIVIDUAL FEMALE</b>		<b>INDIVIDUAL MALE SPARRING</b>	
10:20	<b>PATTERN Juniors III Colored</b>	<b>INDIVIDUAL MALE PATTERN</b>	Juniors III -8 years -24 kg (4)	
10:25	Belts 8-5 Gup -12 years (18)	Juniors III Colored Belts	10:15 - 10:35	
10:30	10:00 - 10:50	8-5 Gup -12 years (23)		
10:35		10:05 - 11:10	<b>INDIVIDUAL MALE SPARRING</b>	
10:40	<b>INDIVIDUAL FEMALE</b>		Juniors III -8 YEARS +24 KG (6)	
10:45	<b>PATTERN Juniors III Colored</b>		10:35 - 11:05	
10:50	Belts 4-1 Gup -12 years (8)	<b>INDIVIDUAL MALE PATTERN Juniors</b>		
10:55	10:50 - 11:10	III Colored Belts 4-1 Gup -12 years (9)	<b>INDIVIDUAL FEMALE SPARRING</b>	
11:00		11:10 - 11:35	Juniors III -10 years -30 KG (4)	
11:05	<b>INDIVIDUAL FEMALE</b>		11:05 - 11:25	
11:10	<b>PATTERN Juniors II Colored</b>			
11:15	Belts 8-5 Gup -14 years (8)	<b>INDIVIDUAL MALE PATTERN Juniors</b>	<b>INDIVIDUAL FEMALE SPARRING</b>	
11:20	11:10 - 11:40	II Colored Belts 8-5 Gup -14 years (11)	Juniors III -10 years -45 KG (3)	
11:25		11:35 - 12:15	11:35 - 11:50	
11:30	<b>INDIVIDUAL FEMALE</b>			
11:35	<b>PATTERN Juniors II Colored</b>	<b>INDIVIDUAL MALE PATTERN Juniors</b>	<b>INDIVIDUAL MALE SPARRING</b>	
11:40	Belts 4-1 Gup -14 years (18)	II Colored Belts 4-1 Gup -14 years (14)	Juniors III -10 YEARS -25 KG (6)	
11:45	11:40 - 12:50	12:15 - 13:10	11:55 - 12:25	
11:50				
11:55	<b>INDIVIDUAL FEMALE</b>		<b>INDIVIDUAL MALE SPARRING</b>	
12:00	<b>PATTERN Juniors II Colored</b>		Juniors III -10 YEARS -30 KG (4)	
12:05	Belts 4-1 Gup -14 years (18)		12:30 - 12:50	
12:10	11:40 - 12:50			
12:15			<b>INDIVIDUAL MALE SPARRING</b>	
12:20	<b>INDIVIDUAL FEMALE</b>		Juniors III -10 YEARS -35 KG (4)	
12:25	<b>PATTERN Juniors II Black</b>		12:50 - 13:10	
12:30	Belts 1 Dan -14 years (2)			
12:35				
12:40				
12:45				
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13:00				
13:05				
13:10				
13:15				
13:20				
13:25				
13:30				
13:35				
13:40				
13:45	<b>Luncg Break</b>	<b>Luncg Break</b>	<b>Luncg Break</b>	
13:50	13:10 - 14:30 (01:20)	13:10 - 14:30 (01:20)	13:10 - 14:30 (01:20)	
13:55				
14:00				
14:05				
14:10				
14:15				
14:20				
14:25				
14:30	<b>PRE-ARRANGED</b>	<b>INDIVIDUAL MALE SPARRING</b>	<b>INDIVIDUAL FEMALE SPARRING</b>	<b>Open Ring for Special Techniques, Power breaking, Speed Kick: -14 yrs, -6 yrs, -8 yrs, -10 yrs, -12 yrs</b> 14:30 - 18:40 (04:10)
14:35	<b>SPARRING Juniors III-II (5)</b>	Juniors III -10 YEARS -45 KG (2)	Juniors III -12 years -30 KG (2)	
14:40	14:30 - 14:45			
14:45		<b>INDIVIDUAL MALE SPARRING</b>	<b>INDIVIDUAL FEMALE SPARRING</b>	
14:50		Juniors III -12 YEARS -30 KG (5)	Juniors III -12 years -40 KG (7)	
		14:40 - 15:05	14:40 - 15:15	

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	Ring 1	Ring 2	Ring 3	Ring 4
14:55				
15:00	<b>INDIVIDUAL MALE SPARRING</b>			
15:05	<b>Juniors III -10 YEARS -40 KG (4)</b>			
15:10	14:55 - 15:15			
15:15				
15:20				
15:25		<b>INDIVIDUAL MALE SPARRING</b>	<b>INDIVIDUAL FEMALE SPARRING</b>	
15:30		<b>Juniors III -12 YEARS -35 KG (6)</b>	<b>Juniors III -12 years -45 KG (6)</b>	
15:35		15:15 - 15:45	15:20 - 15:50	
15:40	<b>INDIVIDUAL MALE SPARRING</b>			
15:45	<b>Juniors III -12 YEARS -40 KG (8)</b>			
15:50	15:25 - 16:10			
15:55		<b>INDIVIDUAL MALE SPARRING</b>		
16:00		<b>Juniors III -12 YEARS -45 KG (4)</b>	<b>INDIVIDUAL FEMALE SPARRING</b>	
16:05		15:50 - 16:10	<b>Juniors III -12 years -50 KG (3)</b>	
16:10			16:00 - 16:15	
16:15			<b>INDIVIDUAL FEMALE SPARRING</b>	
16:20			<b>Juniors III -12 years +50 KG (2)</b>	
16:25	<b>INDIVIDUAL MALE SPARRING</b>	<b>INDIVIDUAL MALE SPARRING</b>	<b>INDIVIDUAL FEMALE SPARRING</b>	
16:30	<b>Juniors III -12 YEARS -50 KG (4)</b>	<b>Juniors III -12 YEARS +50 KG (4)</b>	<b>Juniors II -14 years -50 KG (3)</b>	
16:35	16:20 - 16:40	16:20 - 16:40	16:25 - 16:40	
16:40				
16:45				
16:50	<b>INDIVIDUAL FEMALE SPARRING</b>	<b>INDIVIDUAL FEMALE SPARRING</b>	<b>INDIVIDUAL FEMALE SPARRING</b>	
16:55	<b>Juniors II -14 years -35 KG (2)</b>	<b>Juniors II -14 years -45 KG (5)</b>	<b>Juniors II -14 years -55 KG (6)</b>	
17:00		16:45 - 17:10	16:50 - 17:20	
17:05	<b>INDIVIDUAL FEMALE SPARRING</b>			
17:10	<b>Juniors II -14 years -40 KG (3)</b>			
17:15	17:05 - 17:20			
17:20		<b>INDIVIDUAL MALE SPARRING</b>		
17:25		<b>Juniors II -14 YEARS -35 KG (3)</b>		
17:30		17:20 - 17:35		
17:35	<b>INDIVIDUAL FEMALE SPARRING</b>		<b>INDIVIDUAL MALE SPARRING</b>	
17:40	<b>Juniors II -14 years +55 KG (6)</b>		<b>Juniors II -14 YEARS +55 KG (9)</b>	
17:45	17:25 - 17:55		17:25 - 18:15	
17:50		<b>INDIVIDUAL MALE SPARRING</b>		
17:55		<b>Juniors II -14 YEARS -45 KG (5)</b>		
18:00		17:40 - 18:05		
18:05	<b>INDIVIDUAL MALE SPARRING</b>			
18:10	<b>Juniors II -14 YEARS -40 KG (4)</b>			
18:15	18:05 - 18:25			
18:20		<b>INDIVIDUAL MALE SPARRING</b>		
18:25		<b>Juniors II -14 YEARS -50 KG (7)</b>		
18:30		18:10 - 18:45		
18:35	<b>INDIVIDUAL MALE SPARRING</b>			
18:40	<b>Juniors II -14 YEARS -55 KG (4)</b>			
18:45	18:30 - 18:50			
18:50				
18:55				
19:00				
19:05				
19:10				
19:15				
19:20				
19:25	<b>Awarding Ceremony</b>	<b>Awarding Ceremony</b>	<b>Awarding Ceremony</b>	<b>Awarding Ceremony</b>
19:30	19:00 - 20:00 (01:00)	19:00 - 20:00 (01:00)	19:00 - 20:00 (01:00)	19:00 - 20:00 (01:00)
19:35				
19:40				
19:45				
19:50				
19:55				