

# Busteni 2023

Ora	Joi -27 iulie	Vineri- 28 iulie	Sambata -29 iulie	Duminica -30 iulie
07:30-08:30		<b><u>Mic dejun</u></b>	<b><u>Mic dejun</u></b>	<b><u>Mic dejun</u></b>
09:00 – 10:00		Antrenament Centuri Negre-Master Class ( 1 -6 dan )-Autoaparare	<u>EXAMEN DE CENTURA</u>	Centuri colorate + Antrenament Centuri Negre-Master Class ( 1 -6 dan ) - Autoaparare
10:00-11:00		Antrenament centuri colorate	<b>DRUMETIE SPORTIVII CU CENTURILE COLORATE</b>	POZE , DIPLOME
11:00-12:00		Taekwon-do Kids	<b>DRUMETIE SPORTIVII CU CENTRURI COLORATE</b>	
12:00-13:00		LOT NATIONAL PREGATIRE	LOT NATIONAL PREGATIRE	
13:00 – 15:30	<u>Pranz 14:30-15:30</u> <u>Inscriere 13:00 – 16:00</u>	<b><u>Pranz</u></b>	<b><u>Pranz</u></b>	
17:00-18:00	Antrenament centuri colorate	Antrenament centuri colorate	BARAJ PENTRU LOT NATIONAL ORA 15 -17	
18:00-19:00	Taekwon-do Kids LOT NATIONAL	Taekwon-do Kids LOT NATIONAL	Antrenament centuri colorate	
19:00-20:00	Antrenament Centuri Negre-Master Class ( 1 -6 dan )-Autoaparare	Antrenament Centuri Negre-Master Class ( 1 -6 dan ) -Autoaparare	Antrenament Centuri Negre –Master Class ( 1 -6 dan )-Autoaparare	
20:00	<b>Cina</b>	<b>Cina</b>	<b>Cina</b>	