

GENERAL INFORMATION

<u>IV OPEN BALKAN CUP</u>

INTRODUCTION:

The Balkan Cup was initiated by four countries: Bulgaria, Romania, Slovenia and Greece in 2022. **The I Open Balkan Cup** was in Romania; the **III Open Balkan Cup** was in Slovenia, the **III Open Balkan Cup** was in Bulgaria and we are proud to announce that Serbia will be hosting the **IV Open Balkan Cup** in November 2025.

1. DATES, VENUE AND ACCOMMODATION

1.1 Dates

The **IV OPEN BALKAN CUP** will be held on **21-23 November 2025** in Sport hall 'Futog' in Novi Sad, Serbia. Delegations must arrive in Novi Sad before or on Friday, November 21, 2025 and must proceed directly to the meeting point (Hotel Novi Sad****) for registration and weigh-in.

1.2. Main Organiser Committee:

Vencislav Ignatov – Bulgaria Cosmin Oprescu – Romania Vahid Drapic - Slovenia

Event Organiser:

Taekwon-Do Club 'Soko' Backa Topola – Serbia Nenad Vrekic – President of Taekwon-Do Club 'Soko' Backa Topola

Contact Details:

Nenad Vrekic – 00381659080370 mastervrekic@gmail.com balcanitfcup2025@gmail.com

















1.3. Eligibility

This is a Club and National Federation competition and it is open for competitors, holders of 8 Gup and above, Children (6-11 years), Pre-Junior (12-14 years), Junior (15-17 years) and Adult (over 18 years)

✓ NB: Age calculation –

The competition age of the competitor is defined by the formula below: Year of competition-Year of birth-1

Children - born between 2013 and 2017, Pre-juniors - born between 2010 and 2012, Juniors - born between 2007 and 2009, Seniors - born in 2006 and above

Competition Disciplines

Individual Pattern: all ages; Male and Female Children (6-7 years, 8-9 years, 10-11 years), Pre-Junior (12-14 years), Junior (15-17 years) and Adult (over 18 years)

Individual Sparring: Male and Female Children (10-11 years), Pre-Junior (12-14 years), Junior (15-17 years) and Adult (over 18 years);

Team Sparring: Male and Female Junior (15-17 years) and Male and Female Adult (over 18 years);

Special Techniques: Male and Female Children (6-7 years, 8-9 years, 10-11 years), Pre-Junior (12-14 years), Junior (15-17 years) and Adult (over 18 years);

Individual Kick: Male and Female Children (6-7 years, 8-9 years), (10-11 years).

Power test: Male and Female Pre-Junior (12-14 years), Junior (15-17 years) and Adult (over 18 years);

1.4. Online Registration

Registration will be done through the ITF SportData online system.

Deadline for registration of teams and competitors: 30.10.2025.

1.5 Venue

SPORTS HALL "FUTOG"

Address: Partizanska 21410, Futog, Serbia

https://www.google.com/maps/dir//Partizanska+21410,+Futog,+Serbia/@45.2353841,19.617 1476,20162m/data=!3m1!1e3!4m8!4m7!1m0!1m5!1m1!1s0x475b0d9804555555:0xd247dbd 05a042776!2m2!1d19.6995482!2d45.2354137?entry=ttu&g_ep=EgoyMDI1MDQxNC4xIKX MDSoASAFQAw%3D%3D



















SPORTS HALL "FUTOG"

Capacity:1000 seats

1.6 How to reach Novi Sad



✓ By plane

International Airport 'Nikola Tesla' – Belgrade

Take a shuttle bus from Belgrade Nikola Tesla Airport to Novi Sad, Autobuska Stanica.

https://beg.aero/eng



Railway Station Novi Sad

 $\frac{https://rail.cc/novi-sad/train-station-novi-sad/11235}{sad/11235}$



















By bus

Main Bus Station – Novi Sad

https://www.busexpress.bg/en/city/novi-sad



1.7 Accommodation

Hotel Novi Sad ****

https://hotelnovisad.rs/

Single room: **55,00** € per night (breakfast included);

Twin/double room: **45,00** € per night (breakfast included) per person;

Triple room: 33,00 € per night (breakfast included) per person;

Optional dinner $-15,00 \in$;

Hotel Ami ****

https://amihotel.rs/en

Single room: 67,00 € per night (breakfast included);

Twin/double room: **40,00** € per night (breakfast included) per person;

Triple room: 30,00 € per night (breakfast included) per person;

Optional dinner – 22,00 €;

Hotel Sole Mio ****

https://www.hotelsolemio.rs/

Single room: **55,00** € per night (breakfast included);

Twin/double room: **38,00** € per night (breakfast included) per person;

Triple room: 35,00 € per night (breakfast included) per person;

Optional dinner $-14,00 \in$;

Hotel Sole Mio ****

https://www.hotelsolemio.rs/

Single room: **55,00** € per night (breakfast included);

Twin/double room: **38,00** € per night (breakfast included) per person;

Triple room: 35,00 € per night (breakfast included) per person;

Hotel Queen

https://thequeenpalacenovisad.rs-hotels.net/en-gb/

Twin/double room: 65,00 € per night (breakfast and dinner included) per person;

















1.8.1 Accommodation application and payment deadlines:

- ❖ All accommodation applications must be sent through filled blank (excel file) to e-mail: balcanitfcup2025@gmail.com on or before 30.10.2025.
- The excel file will be available to download from the ITF SportData page for the event. We encourage you to use the desktop version of the file, because is more reliable than the mobile version.
- ❖ The rest of the amount including small corrections must be sent by 30.10.2025.

1.8.2 Accommodation Payment Details

Please note that all payments for **accommodation** will be accepted **ONLY** through **BANK TRANSFER** in **EURO** currency (all bank charges must be on payers account) to the following BANK ACCOUNT:

Account holder: TKD Klub 'Soko'

Address: Serbia, Backa Topola, Nikole Tesle 13

IBAN: RS35325960170009944712

BIC: OTPVRS22

Bank: OTP Banka SRBIJA A.D.

Bank Address: OTP banka Srbija a.d. Novi Sad, Trg slobode 5

1.8.3 Entry Fee Payment Details

Individual entry fee: $30,00 \in$ per competitor for one or two disciplines, participation in any additional discipline will cost $15,00 \in$ per discipline;

Team entry fee: **50,00** € per team per any separate age and gender category.

Full amount of participation fee must be paid in the same bank account as the accommodation (see above) by 17.10.2025 and must correspond to the registration in the Sportdata.

No refunds will be given after transfer of final amount.

















2. TIMETABLE

20 November 2025 (Thursday)

14:00-18:00 Early arrival (hotel check in – after 14:00 hours)

21 November 2025 (Friday)

09:00-15:00 Arrival (hotel check in – after 14:00 hours)

14:00-17:00 Weigh-in and registration in *Hotel Novi Sad* ****

17:00-18:30 Umpire and Coach meeting in *Hotel Novi Sad* ****

22 November 2025 (Saturday)

09:00-11:00 Start of the Competition

11:00-11:30 Opening Ceremony of Open Balkan Cup 2025

11:30-13:00 Competition

13:00-14:30 Lunch Break

14:30-19:00 Competition

23 November 2025 (Sunday))

09:00-13:00 Competition

13:00-14:30 Lunch Break

14:30-19:00 Competition

24 November 2025 (Monday)

09:00-11:00 Check out and Departure

















3. COMPETITION DISCIPLINES

Pattern rules highlights:

All pattern categories (male, female, individual) will be carried out according to pyramid system of elimination.

Competitors will perform at the same time, 1 designated pattern, randomly chosen by the electronic system, being one of the last 3 patterns. If there is a draw, the competitors will perform an additional pattern, chosen from all the required patterns for their technical degree.

Range of designated patterns according to technical degree:

8 gup	Chon-Ji – Dan-Gun
7 gup	Chon-Ji – Do-San
6 gup	Chon-Ji – Won-Hyo
5 gup	Chon-Ji – Yul-Gok
4 gup	Chon-Ji – Joong-Gun
3 gup	Chon-Ji – Toi-Gye
2 gup	Chon-Ji – Hwa-Rang
1 gup	Chon-Ji – Choong-Moo
I dan	Chon-Ji – Ge-Baek
II dan	Chon-Ji – Juche
III dan	Chon-Ji – Choi-Yong

Sparring rules highlights

All sparring categories (male, female, individual and team) will be carried out according to pyramid system of elimination.

All bouts for Children (10-11 years) will consist of 2 rounds of 1,15 minutes with 30 seconds' break.

All bouts for Pre-Junior (12-14 years) will consist of 2 rounds of 1.30 minutes with 30 seconds' break.

All bouts for Junior (15-17 years) and Adult (+18 years) will consist of 2 rounds of 1.45 minutes with 45 second's break.

NB: A category of Individual Sparring consists of color and black belts. There are no different categories according to technical degree. Minimum requirement for sparring 8 gup.

















Sparring categories:

Children (10-11 years)

Male: -30 kg, -35 kg, -40 kg, -45 kg, -50 kg, +50 kg

Female: -30 kg, -35 kg, -40 kg, -45 kg, +45 kg;

Pre-Junior (12-14 years)

Male: -30 kg, -35 kg, -40 kg, -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg;

Female: -32 kg, -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -56 kg, -60 kg, +60 kg;

Junior (15-17 years)

Male: - 50 kg, - 55 kg, -60 kg, - 65 kg, -70 kg, -75 kg, +75 kg;

Female: - 45 kg, - 49 kg, -53 kg, - 57 kg, -61 kg, -65 kg, +65 kg;

Adult (+18 years)

Male: - 57 kg, - 63 kg, -69 kg, - 75 kg, -81 kg, -87 kg, +87 kg;

Female: - 50 kg, - 55 kg, -60 kg, - 65 kg, -70 kg, -75 kg, +75 kg;

Safety equipment and protective gear

Competitors **must** wear:

Red or blue colored hand and feet safety equipment of an ITF approved trademark and type; groin guards must be worn inside the dobok trousers – male only; red or blue colored safety helmet of an approved model; mouth guards being of a transparent colour.

> Competitors may, **optionally**, wear the following:

Shin protectors, breast protectors (must be worn INSIDE the dobok jacket) (female only), groin guards must be worn inside the dobok trousers – female only.

Team Sparring rules highlights

- All team sparring categories (male or female) will be carried out according to pyramid system of elimination.
- Teams may consist of minimum of 3 competitors and maximum of 6 competitors (5
- + 1 reserve). Teams with less than 5 competitors will start the round with 4 points assigned to the opponent team for every missing competitor.
- The winner will be the team that collects the most umpire votes from all the rounds.

NB: A category for Team Sparring consists of color and black belts. There are no different categories according to technical degree. Minimum requirement for sparring – 8 gup.

















❖ Individual Kick Categories

- Boys (6-7 years);
- Girls (6-7 years);
- Boys (8-9 years);
- Girls (8-9 years);
- Boys (10-11 years);
- Girls (10-11 years);



Individual kick highlights

• All individual kick categories (sparring for children), (male, female) will be carried out according to pyramid system of elimination.

DOLLYO CHAGI

• Two competitors will perform at the same time the dolyo chagi technique on electronic devices which will count the number of kicks. The competitors will be permitted to kick using **only one leg with a step required between each kick.** The duration of the bout is 20 seconds and the competitor with a higher result will proceed to the next round. In the case of a draw an extra round of 10 seconds will decide the winner.

Special Techniques highlights

Age divisions:	Twimyo Nopi Ap Cha Busigi	Twio Nomo Yop Chagi	
Boys 6-7 years	130 cm	60 cm	
Girls 6-7 years	120 cm	50 cm	
Boys 8-9 years	155 cm	70 cm	
Girls 8-9 years	145 cm	50 cm	
Boys 10-11 years	170 cm	80 cm	
Girls 10-11 years	160 cm	60 cm	
Pre-Junior Male (12-14 years)	220 cm	110 cm	
Pre-Junior Female (12-14 years)	190 cm	90 cm	
Junior Male (15-17 years)	240 cm	120 cm	
Junior Female (15-17 years)	210 cm	100 cm	

















Adult Male (18+ years)	250 cm	130 cm
Adult Female (18+ years)	220 cm	110 cm

Every competitor will jump for both kicks and the results will be calculated by the two kicks together. In case of a draw, there will be an additional attempt of one of the two kicks, which will be drawn by the coaches.

Power test rules

- In the power test discipline for Pre-juniors (12-14 years) a dynamometer will be used. The techniques to be used will be Sonkal Taerigi or Yop Joomook and Dollyo Chagi.
- For Junior and Adult male and female, there will be the following breaking boards counts.

	Ap-Joomuk Jirugi (for male) Ap Palkup Taerigi (for female)	Sonkal Taerigi	Yopcha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi
Junior Male (15-17 years)	2	2	3	2	2
Junior Female (15-17 years)	1	1	2	1	1
Adult Male (18+ years)	3	3	4	3	3
Adult Female (18+ years)	2	2	2	2	2

NB: Each competitor will choose only one hand strike and only one kick to perform and the winner will be the competitor with the most points. Each separated board will count as three (3) points and each bent board will count as one (1) point.

• All rules and clarifications which are not stated here will be according to the acting rules of ITF.

















4. **COMPETITORS**

4.1 Dresscode

- Weigh In all competitors must wear official dobok trousers and polo shirt / T-shirt.
- During the competition all competitors must wear official dobok and protection gear currently approved by the ITF.
- Awarding dress code no competitors will be admitted to awarding ceremony wearing shorts, casual pants, flip flops or bare foot. They can wear full dobok or full track suit.

4.2 Insurance

• The Organizers and the Promotor of the event will not be responsible for any accidents and/or injuries caused during the competition. All competitors must have full insurance coverage by their own organization/country.

5. COACHES

- At least 1 coach from participating country must attend the official Coaches meeting on Friday 21st of November 2025 from 17:00 till 18:30 hours at *Hotel Novi Sad* ****.
- During competition they must wear either a training suit or a T-shirt and trousers and running shoes while coaching.
- Only one (1) coach of a team is allowed entering the coaching zone at the same time. Only a coach can present an official protest.

6. UMPIRES

The umpires will be paid 70 euro for each day of the competition and their lunch will be covered for the duration (Saturday 22nd and Sunday 23rd 2025).

The Organising Committee will not cover accommodation therefore the umpires will need to arrange their own accommodation and food.

Umpires must attend the official Umpires Meeting on Friday November 21st 2025 from 17:00 till 18:30 hours at *Hotel Novi Sad* ****.

Umpires will wear the dress requirements as laid down in the ITF Umpire rules.

All participating teams need to bring the following number of umpires as follows:

Up to 10 competitors – 1 umpire;

From 10 to 20 competitors -2 umpires, etc.

















Clubs are free to apply more than the requested umpires. Those which don't fulfill the requested quota will be charged 100 EUR for every missing umpire.

Umpires not present at the mentioned umpire meeting will be removed from the umpire list. Umpires will wear the dress requirements as laid down in the ITF Umpire rules.

6.1 Umpire scoring system - BulScore. The system has been developed only for the needs of Taekwon-Do ITF umpires and for the last 12 years is fully in accordance with the active ITF Competition Rules.

BulScore is developed in the form of three hardware variants, which are: wired version, wireless version and mixed version in which the umpire's joystick can work either with cable or without cable.

7. **Awarding** – the winners from first to third place, from each category will be awarded with medals and a certificate. In the team categories, each team member will be awarded with a medal and a certificate.

Nation classification – The first, second and third country will be awarded with trophies. The ranking will be made by the amount of gold medals, silver medals and bronze medals, each country gets.

8. ADDITIONAL INFORMATION

➤ Currency – Serbian Dinar /RSD/ 1,00 € = 117,21 RSD

Visa

Please contact Organising Committee at least one month prior the competition in case you need any assistance

> Speed limit:

- Speed limit for cars:
- 50 km/h within towns; 90 km/h outside towns; 140 km/h on motorways
- Speed limit for motorcycles, buses and trucks without trailers:
- 50 km/h within towns, 80 km/h outside towns, 100 km/h on motorways
- Speed limit for cars, buses and trucks with trailers:
- 50 km/h within towns, 70 km/h outside towns, 100 km/h on motorways

> Tolls

There are toll taxes that needs to be paid. The tax will be paid on the road while travelling

> Lights and seatbelts

- In Serbia is obligatory to have the lights on during daytime.
- All seatbelts must be used where available.

















- ➤ Emergency calls number 112
- > Voltage

Electrical appliances work on 220 V

DEADLINES SUMMARY

- ✓ Registration of teams and competitors 30.10.2025. (online)
- ✓ Accommodation applications -30.10.2025.
- ✓ Payment of the rest of the amount for accommodation including small corrections (to Organisers) 30.10.2025.
- ✓ Full amount of participation fee must be cleared by -30.10.2025. (to Organisors)

WAITING TO SEE YOU IN SERBIA!













